The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.
This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.highmark.com or call 1-800-888-1238. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copay, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www. highmark.com or call 1-800-888-1238 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: N/A; Out-of-network: Not covered	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. No services are subject to a deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copay or coinsurance may apply. This plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	In-network: $3,000 individual / $6,000 family; Out-of-network: Not covered	In-network: If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.;
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.highmark.com/blueshieldnewyork or call 1-800-888-1238 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No	You can see the specialist you choose without a referral.

All **copay** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions & Other Important Information
		Network Provider (You will pay the least)	Out of Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$10 copay	Not covered	$0 copay for members under the age of 19
	Specialist visit	$15 copay	Not covered	$0 copay for members under the age of 19
	Preventive care/screening/immunization	Covered in full	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for. Please refer to your preventive schedule for additional information.
If you have a test	Diagnostic test (x-ray, blood work)	$15 copay for x-ray, Covered in full for blood work	Not covered	Precertification may be required.
	Imaging (CT/PET scans, MRIs)	$15 copay	Not covered	
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.highmark.com	Generic drugs	$5/$10/$15 copay/prescription (retail) $5/$10/$10 copay/prescription (mail order)	Not covered	Up to 30/60/90-day supply retail pharmacy. Up to 30/60/90-day supply maintenance prescription drugs through mail order.
	Preferred brand drugs	$30/$60/$90 copay/prescription (retail) $30/$60/$60 copay/prescription (mail order)	Not covered	
	Non-preferred brand drugs	$60/$120/$180 copay/prescription	Not covered	

		(retail) $60/$120/$120 copay/prescription (mail order)		
	Specialty drugs	See limitations & exceptions	See limitations & exceptions	Specialty drugs are limited to a 30-day supply.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	$100 copay	Not covered	Precertification may be required.
	Physician/surgeon fees	Covered in full	Not covered	Precertification may be required.
If you need immediate medical attention	Emergency room care	$100 copay	Covered as in-network	Copay waived if admitted as an inpatient.
	Emergency medical transportation	$100 copay	Covered as in-network	None
	Urgent care	Covered in full	Covered as in-network	None
If you have a hospital stay	Facility fee (e.g., hospital room)	Covered in full	Not covered	Precertification may be required.
	Physician/surgeon fees	Covered in full	Not covered	Precertification may be required.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	$10 copay	Not covered	Precertification may be required. $0 copay for members under the age of 19
	Inpatient services	Covered in full	Not covered	Precertification may be required.
If you are pregnant	Office visits	$10 copay	Not covered	Cost sharing does not apply for preventive services. Depending on the type of services, a copayment, Or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.ultrasound.) The first visit to determine pregnancy is covered at no charge. Please refer to the Women's Health Preventive Schedule for additional information. Precertification may be required.
	Childbirth/delivery professional services	Covered in full	Not covered	
	Childbirth/delivery facility services	Covered in full	Not covered	
If you need help recovering or have other special health needs	Home health care	$15 copay/visit	Not covered	365 visits per benefit period, aggregate with visiting nurse. Precertification may be required.
	Rehabilitation services	$15 copay	Not covered	20 combined physical medicine, occupational therapy, and speech therapy visits per benefit period. Precertification may be required.
	Habilitation services	$15 copay	Not covered	20 combined physical medicine, occupational therapy, and speech therapy visits per benefit period.

				Precertification may be required.
	Skilled nursing care	Covered in full	Not covered	100 days per benefit period. Precertification may be required.
	Durable medical equipment	50% coinsurance; $10 copay (Diabetic supplies & equipment)	Not covered	Precertification may be required.
	Hospice services	Covered in full	Not covered	Precertification may be required.
If your child needs dental or eye care	Children's eye exam	Covered in full	Not covered	Discounts may apply.
	Children's glasses	See limitations & exceptions	See limitations & exceptions	Discounts may apply.
	Children's dental check-up	See limitations & exceptions	See limitations & exceptions	Contact your group administrator for coverage details.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic Surgery
- Dental Care (adult)
- Cosmetic surgery
- Long-term care
- Routine foot care
- Custodial care
- Non-emergency care when traveling outside the U.S.
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Hearing aids (internal only)
- Chiropractic care
- Infertility treatment
- Elective Abortion
- Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: 1-800-888-1238.

Does this plan provide Minimum Essential Coverage? **Yes**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? **Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-888-1238.
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-888-1238.
Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-800-888-1238.
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-888-1238.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copays and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in network pre natal care and a hospital delivery)

The plan's overall deductible	$0.00
Specialist copay	$15.00
Hospital (facility) copay	$0
Other copay	$10.00

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	**$12,700**

In this example, Peg would pay:

Cost Sharing	
Deductibles*	$0
Copays	$50
Coinsurance	$0
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	**$110**

Managing Joe's type 2 Diabetes
(a year of routine in network care of a well controlled condition)

The plan's overall deductible	$0.00
Specialist copay	$15.00
Hospital (facility) copay	$0
Other copay	$10.00

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education*)
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**

In this example, Joe would pay:

Cost Sharing	
Deductibles*	$0
Copays	$400
Coinsurance	$0
What isn't covered	
Limits or exclusions	$20
The total Joe would pay is	**$420**

Mia's Simple Fracture
(in network emergency room visit and follow up care)

The plan's overall deductible	$0.00
Specialist copay	$15.00
Hospital (facility) copay	$0
Other copay	$10.00

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**

In this example, Mia would pay:

Cost Sharing	
Deductibles*	$0
Copays	$500
Coinsurance	$100
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$600**

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: Highmark Blue Shield at www.highmark.com or call 1-800-888-1238.

The **plan** would be responsible for the other costs of these EXAMPLE covered services.